

Whole School, Community, and Child (WSCC) Committee
09/14/2023 Meeting Minutes (Unadopted)

In attendance: – Scott Kazer, Lisa Vorce, Eddy Sanchez, Liliana Magana, Lesly Argueta, Heriberto Soto, Rudy Puente, Andrea Williams, Dr. John Wood,

Meeting Facilitated by Scott Kazer, Program Specialist – TUPE

Health Education Council (HEC) Update provided by Sal Senneh

HEC will be having the virtual Sacramento School Wellness Summit on September 19th - September 21st from 3:30 PM to 4:30 PM. The summit seeks to advance a call to health and wellness in K-8 schools. This year's theme is Harmony and Health: Fueling the Future with Wellness.

HEC will also have the 2nd Annual Walk for Health on September 30th at Robla Community Park in Sacramento from 8 AM – 12 PM. This will be a job/health fair/community health care.

Link to the Walk for Health: <https://healthedcouncil.org/eventregistration/2023-walk-for-health.html>

HEC has been collaborating for Harvest of the Month, a state-wide initiative aimed at helping with students live healthier and more active lifestyles. Each month, students learn about a highlights fruit or vegetable. There are activities and sometimes cooking demos. HEC is hoping to start in October.

TUPE Update provided by Scott and Eddy

TUPE, alongside FACE and IDE has been attending some welcome back events to bring awareness and education on vaping to the community. Our Club Live and Friday Night Live advisors are helping set up prevention programs at the sites with SCOE reps. Intervention programs are also starting. TUPE wants to have a restorative practice in our schools for whenever there are infractions. TUPE wants to provide support for students and to see students in school, working on their grades, and making healthier decisions.

TUPE is also looking forward to Red Ribbon Week in October. It'll take place between October 23-31st. It is the national week of being drug free. TUPE will be supplying supplies and materials to advisors to observe the celebration. TUPE plants to educate the community on the harmful effects of tobacco, alcohol, and drugs.

Additionally, TUPE will start the California Healthy Survey and the California School Staff Survey in October. It is a youth risk behavior survey that tackles alcohol, tobacco and drugs and climate and safety on school campuses. The result should be back early next year.

All TUPE programs should be back up by the end of September or October.

Nutrition Services Update provided by Lisa Vorce

Nutrition Services offered free lunch and breakfast not just for students but to all of the community. There was an opportunity for parents to eat with their children and learn a little bit about our program. For out staff, we offered Summer Nutrition Academy with an array of classes like food safety, cooking tips, and food preparation. HEC came out during the summer with booths to meet the parents.

Nutrition Services has new, fresh menu items like fried rice, a new salsa. Our kitchens have new equipment so we can move in the direction of offering freshly prepared items.

High schools now have their salad bars open. Students can now choose more fresh fruits and vegetables.

Team Nutrition, which includes nurses from Sac State, started the first round of their nutrition classes for 1st – 3rd grade. They are also slated to help us with the farmer's markets, which also started today. Today was also the start of the grant for fresh fruits and vegetables at 23 of sites. This grant will allow us to put fresh snacks into classrooms 3 days a week.

Nutrition Services is looking forward to national School Lunch Week, which is October 9th – 13th. We will be celebrating leveling up our menu, service, and students because we know they benefit from eating healthy. We will also be celebrating Farm-to-School day and Apple Crunch, an event where everyone gets an apple and takes a bite at the same time.

Harvest of the Month will be returning. We are working on expanding our farmer's markets and more health fairs to our high schools.

Special Education

There was no update for Special Education.

Health Services update provided by Rudy Puente and Dr. Jack Wood

Health Services is at capacity with staff, but is looking for more LVNs because of the growing need for emergency seizure coverage and licensed care needs. Health Services is working with a number of contractors that we are working with to fill that need.

Health Services ran a couple of immunizations clinics with a huge focus on T-DAP at Highlands High School and Norwood Junior High School. We served over 60 students, but had to turn away about as many as 60 people.

With the return of the school year, there is an uptick in COVID cases, but it is not as high as before.

We will have more flu and COVID clinics for our students and staff in the fall. It is recommended for children, people working with kids, and people over 60. The new vaccine for COVID is out and should be available to receive at local pharmacies. This year, it covers the flu. There is also a vaccine for RSV.

Dental update provided by Andrea Williams

ESS, Early Smiles Sacramento, serves all of Sacramento County. Liberty Dental Plan provides free dental screenings and fluoride treatments. They also offer dental oral health education, which is tailored to any grade level and any age.

Health Services is already preparing to provide dental screenings for students.

Family and Community Engagement (FACE) Update provided by Heriberto Soto

FACE has 10 family liaisons supporting our district. Because they are 10-month employees, FACE has helped with student enrollment. Face also helped with the welcome back events TUPE mentioned.

This is the second year for our family and community initiative cohorts. TRUSD, alongside 40 other districts are collaborating about best practices under family engagements. We are privileged enough to go and connect with other districts as far as peer learning.

Alongside HEC, we have been doing out monthly food distribution. We have distributed food to families over the summer. We will be at Rio Tierra in September. As a result, the food bank has seen that our district is willing to work with TRUSD EDI Department, which FACE is under. We are in the process of completing an MOU so we can distribute food to families twice a week with a pick and shop model. We are also working on developing a no-student-going-hungry program where schools can request a box for students to pickup at the end of the week.

With our EL department, FACE has been working on a series of Welcome-Back events. We had our first one at Grant High school. On October 7th, we will be at Foothill High school. In these workshops in a series called, We Love You where we teach parents how to best support students.

FACE will continue to work with Robertson's Family Development Center to offer a monthly workshop series for Africa-American families called Parents & Guardians of African American Students in TRUSD.

FACE/EDI also has the Native American Education Program. Over the summer, FACE had a group of student complete mural projects. A Native-American inspired mural is on display at Grant High school.

In October, we will be celebrating Latino culture celebration at Grant High School. In the fall, we will be at Rio Tierra offering our first Parent Project session. FACE will be at Harvest Festivals in late October. With one of our partners, FACE will be hosting a Health Fair at Smythe Elementary October 14th. There will be a literacy event in November.

All FACE events offer collaborators an opportunity to spread information about their programs. Our team of liaisons is working on offering more to our families.

Counseling Update provided

There was no update for counseling.

Physical Education/Activities

Special Projects is overseeing physical activity in before-school, after-school programs, and athletics. Special Projects provides curriculum that schools can use. Soccer is in season at our elementary sites. Sites have started practices, and will begin to have games on Saturdays.

Some of the schools have clinics in the morning. They offer some sports like cheer and tennis. More sports are coming later in the year.

Special Projects is working on getting someone to do sports physicals as that is a big need in our district as physicals are needed for students to participate in sports.